The Three Friends against COVID-19
Foreword

Founded in 2007, Asylum Access Thailand (AAT) is a non-governmental organization and forms part of the Asylum Access family. We work to make human rights a reality for refugees. We believe all refugees deserve a fair chance at a new life.

What We do

• Legal Aid
Asylum applications in Thailand are currently handled by the UN Refugee Agency (UNHCR). The process can be lengthy, complicated and often traumatic. We provide our clients with the legal and social support to help them navigate this process and obtain refugee status.

• Community Empowerment
We empower the sustainable resilient of the refugee community through the series of community outreach knowledge and skills-based training for refugee-led empowerment groups. We establish the notion of SGBV along with child protection concerns among the community. To ensure the accessibility to livelihood developmental assets, we strengthen refugees and host community-led initiatives.

• Policy Advocacy
We work alongside other human rights groups to advocate for changes to Thai law that will restore the safety and dignity of refugees in the country. We are pushing for a Thailand in which all refugees can feel safe and rebuild their lives.

Disclaimer

This comic book is produced by AAT. The content of this comic book should not be relied upon as such. It is intended to provide general information in summary form, current at the time of publication. The information in this comic book is current as of 17 August 2021. Information can change rapidly. Please check directly with AAT and medical experts if you have any questions.
Saint
Candy
Nana
Three best friends, Nana, Saint, and Candy, are playing joyfully at the park near their lovely neighborhood as usual.

After a fun time playing at the park, three best friends are getting ready to go home.

Wait!
There is something!!

Hahaha! I am Covid-19!!

I'm going to spread all around the world. I will make people sick!!

I can be very tiny and invisible!
I can easily get into the human body from one to another.

I can spread when you cough or sneeze through droplets.

I can be in the air.

I can also stay on the surface and you might carry me to your body or to your friends without knowing it.
After getting into the human body, people will start to fall sick.

- Fever
- Coughing
- Short Breath
- Tired
- Red Dots
- Diarrhea

I can make people have a serious illness and be admitted to the hospital.
After hearing what the COVID-19 said, three kids are scared and run back home to seek help. Suddenly, the mysterious letter appeared!

PUFFF!!!

We need HELP!

Kids,
you have to travel to the Hospital city and find the cure.

What should we do then?
The COVID-19 IS EVERYWHERE!

Hi, kids! What can I do for you?

You need masks, soap, and alcohol gel; with these things, you will be protected from the COVID-19.

Remember! Don’t touch your eyes, mouth, and nose if you have not sanitized your hands. You also have to practice social distancing by standing away from each other at least 1 meter when you are outside of the house.

If that is the only way to save this city and get the cure...

WE SHOULD GO! I’M IN!!

3 kids decided to go to the Hospital city.
It’s been over two days of walking, and they need to take a rest.

Can we take a rest? I’m so tired...

That’s an empty house.

We can go take some rest there.

As soon as they get into the house,

all three of them wash their hands carefully with soap as the letter recommended.

A few days later, the COVID-19 has spreaded throughout the town.
As they were surrounded by COVID-19, they have decided to stay in the house.

Covid-19 is coming, should we leave the house?

I think we better quarantine ourselves at least 14 days because we might carry COVID-19, and it is too dangerous to go out.

3-4 days have passed, they started to miss their routines and their body response strangely...

Hmm...they look sad, lost appetites, and sometimes can’t sleep.

I should check their feelings.

How are you feeling?

I’m scared.

When can life be normal again? I’m too worried and tired of everything.

When can we go back home?
See? We can be happy as usual by doing what we love, even though we are staying only in this house.

Stay calm, we are here for each other. It's normal to feel like that and if you are feeling sad, it's ok too.

Do you guys have any activities that you love to do? Something that makes you happy?

Yes, I have! I love to draw and sing.

Oh right!

This liveliness might be replaced with loneliness soon since we stuck in this house for too long.
One day, Nana discovered a strange book while she was wandering around the room.

Hey! I found this interesting book. Let’s open it together!!

Before the time’s up, the parents give them a gift.

As soon as she opens it, their parents suddenly appear!

I miss you!

We are proud of you and miss you so much!!

You guys are handling your emotions well!

After 14 days, an unexpected guest appears while they are heading to the Hospital city.

Here is the love and caring teddy bear, it will help you mentally. But the teddy bear’s power will work only when you support each other.

Where do you think you are going?
The kids manage to escape from the COVID-19 and make it to the Hospital city safely.

All three are vaccinated by the doctor.

We got the letter saying that the cure is provided here. Do you have it?

We can give you vaccines. However, you could still get infected before your body has built up immunity. To protect yourself and others, you still have to wear a mask, constantly sanitize your hands, and keep practicing social distance.

Now they have one layer of shield. The doctor also provides a bag of vaccines to three kids back to their hometown.
COVID-19 can be transmitted through droplets, contact, and airborne. It can cause physical and psychological impacts to people.

Having social distancing, wearing masks, sanitizing your hands, covering your mouth when coughing and sneezing as well as ensuring air ventilation can help prevent COVID-19 infection.

Feeling stressed, sad, and worried are normal during the ongoing self-isolation. However, there are activities to ease those feelings by doing what you love!

If you are not feeling better and want to access medical health services, you can seek help from:
- Bangkok Refugee Center (BRC): 025125632 EXT 108 during office hours and 0860104117 for emergencies;
- Tzu Chi: 080-558-5892 (English), 02-328-1161-63 & 062-8471388 (Thai)

If you need psychosocial support and coping with stress, you can seek help from:
Contact

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